



# IF WEEKLY

Follow us on Twitter @landFJuniorSch



Friday 12th January 2018

Dear Parents/Carers,

It has been wonderful seeing all the clubs get up and running this week and I have enjoyed seeing lots of children getting involved in a wide range of activities throughout the week. On Tuesday we were delighted to welcome Paul Webster from Billericay Town FC to talk about its work in the local community. He is going to be coming back on the 1<sup>st</sup> February with a few of the players to meet the children at our school and answer questions. This is something that we are very much looking forward to. They are also going to give every child at the school two free tickets to attend a home match on Saturday 3<sup>rd</sup> February. Children will also get the opportunity to be a mascot for the day and receive a tour of the ground. More information will be sent out next week so that you can hold the date in your diary.

Mrs Nolan held a SATs information evening this week for parents of children in Year 6 who will sit their national tests in May. I would like to thank everyone who was able to come and hopefully you found it useful. If you were unable to attend, all the key information has been sent out and it is also available on the [school website](#).

Throughout the week it has been great to see children in Years 5 and 6 working together in cheerleading and developing their dodgeball skills. It was also fun to see Years 3 and 4 working with Lisa in Pilates as part of their PE sessions this term. There were certainly a few groans and **I think they discovered some muscles they didn't know they had. Lisa will be working with the** staff and children to improve their flexibility and core during the term. If you are interested in giving Pilates a try yourself Lisa runs a club at school for adults on a Wednesday evening and Saturday morning.

Yesterday after school our football team played its first round match in the Essex FA Jim Smith Memorial Cup away at Plumberow Primary School, who won the cup last year. It proved to be a tough game against a school we have not played before and both teams played some excellent attacking football. After going down to an early goal in the first half, Ingatestone managed to settle their nerves and pass the ball about much better, resulting in an equaliser towards the end of the half. Ingatestone continued to put the pressure on in the second half and after a number of fine saves from the Plumberow keeper we managed to score after some excellent passing. This was a fantastic achievement and we now wait to hear who we will play in the quarter finals.

This morning in assembly we were delighted to welcome Essex County Cricket Team to our school to share their championship trophy. It was wonderful to help them celebrate this huge milestone of winning the trophy after being promoted to the top league in 2016. Last year was a fantastic result and it is the first time they have won the trophy in 25 years. Hopefully seeing the trophy and finding out about cricket will inspire a number of children to join Ingatestone and Fryerning Cricket Club.

Next Friday the PTA will be running a disco for the children. This is always a fun evening and a wonderful way to start the New Year. Have an enjoyable weekend

*Neil Taggart*





# INSET Days for Academic Year 2018/19:

Tuesday 4<sup>th</sup> September 2018

Friday 19<sup>th</sup> October 2018

Monday 25<sup>th</sup> February 2019

Tuesday 23<sup>rd</sup> April 2019

Friday 14<sup>th</sup> June 2019





Head Teachers Cup:

Daisy Innes  
Max Buckley



Reading Award:  
Hanna Jewell

Science Award:  
George Gennings

Pen Licence:  
Imogen George

Well Done Certificates:

Eva Norton, Ben Burrows, Oscar Cole, Lily Groves, Harriet Thorogood, Freddie Sutton, Joseph Mayo-Dundon, Sophie Morgan, Ralf Richardson, Freya Burgh, Charlie Davies, George England, Martha Dey

Dates (new in bold)

JANUARY

19<sup>th</sup> PTA New Year Disco  
25<sup>th</sup> Football Tournament @ Brentwood Centre  
Football v IngraveJohnson(a)  
29<sup>th</sup> Netball v Long Ridings

FEBRUARY

2<sup>nd</sup> 12:00 Year 5 Family Friendly lunch  
7<sup>th</sup> 9:05 Class Norway assembly  
10<sup>th</sup>-18<sup>th</sup> Half term  
22<sup>nd</sup> Chinese New Year lunch  
House Day - Chinese New year  
Football v Bentley St Paul  
23<sup>rd</sup> PTA Family Bingo Night  
27<sup>th</sup> PTA Mothers day shop lower school  
5:30-8pm Parent consultation evening  
28<sup>th</sup> District Netball Rally

MARCH

1<sup>st</sup> PTA Mothers day shop-upper  
3:30-6pm Parents Consultation Evening  
2<sup>nd</sup> 12:00 Year 4 Family Friendly lunch  
3<sup>rd</sup> PTA Spring Ball

# Wanted

Small Hardback books



We need old hardback books for use on World Book Day, 1st March 2018. These are going to be used for crafting. Any small to medium books will be gratefully received!

Any queries please speak to Mrs. Nolan (Class Mexico)

### Spring WEEK 3

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| Pasta day with grated cheese or tomato and basil or bacon and mushroom sauce                         | Fishwick fish fillet in a crispy crumb in a bun with lettuce and mayo                         | <b>Local butcher's roast</b> gammon with Yorkshire pudding and gravy              | Homemade beef chilli con carne   | Oven baked chicken breast chunks or salmon bites with tomato sauce      |
| Macaroni cheese  | Spicy beanburger in a bun   | Linda McCartney veggie sausages   | Vegetable chilli   | Quorn dippers   |
| Garlic bread<br>Salad bar  | Oven baked baby potatoes or edgy wedges<br>Coleslaw<br>Salad bar                              | Roast potatoes<br>Garden peas<br>Cauliflower cheese                               | Long grain rice<br>Salad bar   | Chips<br>Garden peas<br>Baked beans<br>Salad bar                        |
| Jacket potato with toppings  | Jacket potato with toppings   | <b>No jacket potatoes available today</b>   | Jacket potato with toppings  | Jacket potato with toppings   |
| Ice cream with chocolate sauce or Muller corner yoghurt or Yeo valley organic yoghurt or Fresh fruit | Lemon iced sponge cake or Muller corner yoghurts or Yeo valley organic yoghurt or Fresh fruit | Arctic roll or muller corner yoghurt or Yeo valley organic yoghurt or fresh fruit | Pancake with maple syrup or Muller corner yoghurt or Yeo valley organic yoghurt or Fresh fruit | Fresh fruit pot or Muller corner yoghurts or Yeo valley organic yoghurt |

Ingatestone & Fryerning CE (A) Junior School  
The Furlongs, Ingatestone, Essex CM4 0AL  
Tel & Fax: 01277 353689  
admin@ingatestonefryerning.essex.sch.uk  
Headteacher: Mr. Neil Taggart  
Deputy Headteacher: Mrs Leigh Johnson  
Chair of Governors: Rene Horner

