



DLJ Counselling Services

Administration office: 16 Carson Road, Billericay, Essex CM11 1SA

Tel: 07867 982058

DLJ Counselling Services, (formerly a part of Crossways Counselling and Pastoral Foundation which was instigated in 2002) has been working in partnership with local G.P's, schools, churches, and other professional agencies. The aim is to provide a local resource for children, adolescents and adults needing counselling, play therapy, creative therapy, and supervision.

Specialist areas include :-

- Bereavement and loss
- Depression
- Stress
- Divorce
- Stepfamilies
- Sexuality
- Relationship issues
- Family support
- Anxiety and obsessions
- Self harm
- Anger
- Bullying
- School refusal
- Abuse
- and
- Low self esteem

Services focus on the emotional health and well being of children

Work is undertaken at St Edmund and St Mary Parish church in Ingatestone, premises in Billericay, and also at schools in Harlow. Counselling is provided principally by Diane Jarvis, who is a B.A.C.P. (British Association of Counsellors and Psychotherapists) registered counsellor, with qualifications to work with children, adolescents and adults, and is also qualified to provide supervision of counsellors and Creative Therapy.

All work is undertaken in accordance with the B.A.C.P. code of ethics, with appropriate police checks, supervision and professional support. All clients' information is treated with empathy, respect and confidentiality.

Counselling sessions are of 50 minutes duration, usually on a weekly basis. There is a child protection policy, and referrals are taken from G.P's, Bereavement Services, Social Services, Schools, Churches, Psychiatrists, Mental Health Teams, Child and Family Centres. Self referrals are always welcome. Where appropriate, referrals can be made to additional counselling and support services.

To make an appointment, or for further information, please telephone 07867 982058